



Rutland County Council's Healthy Rutland Grant Scheme aims to encourage projects which are designed to improve health and wellbeing for the people of Rutland.

### Example projects:

- Gardening & green projects
- Lunch Clubs
- New community club
- Inclusive activities– walking football, buggy runs, chair exercise, etc.
- Good neighbour schemes
- Healthy Eating Projects

**Projects should improve health and wellbeing, promote independence and reduce the impact of long term health conditions.**

For more information contact:

Rutland Citizens Advice

56 High Street, Oakham, Rutland, LE15 6AL

01572 725805



## Application Deadlines:

First round- 30th November 2018 5pm

Second round– 22nd February 2019 5pm

Third round– 3rd May 2019 5pm

## First Round Training Sessions:

How to write a funding application– 18th October 2018

Measuring Impact– 12th November 2018

Venue confirmation to follow

## Application Support Appointments:

Monday 29th October

Friday 9th November

Contact 01572 725805 to make an appointment

*Other dates available if there is demand*

The Healthy Rutland Grant scheme is funded by Public Health Grant and the Better Care Fund.